

# Timebanking In Northamptonshire





Creating a housing plan for people with learning disabilities in Northamptonshire

[www.myhomemysay.co.uk](http://www.myhomemysay.co.uk)

# Welcome

# Introductions

- **Aims of the day**
- **Filming today**
- **Ground rules**

# Why we are here today

- The Learning Disability Housing Plan
- Implementing the Plan
- Challenges over money
- Help more people take control
- feel valued &
- sustain people & projects

# Aim of Today

- To see how timebanking can help us
- How we can use it personally & professionally
- How it helps in challenging times
- The benefits to organisations as well as people

# Timebanking - Core Values

5 main values:-

1. Recognising all People are Assets
2. Valuing all forms of Work equally
3. Promoting Giving & Receiving
4. Helps us 'reconnect' locally
5. Personal & Collective Empowerment

# Timebanking - What is it?

It's about:-

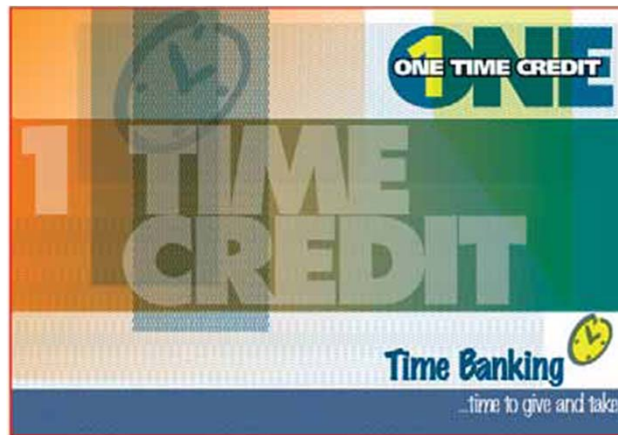
- sharing our skills & time with each other
- sharing our needs with each other
- Doing things together in our area
- Valuing each other equally
- Being needed & needing others

# Things the Timebank can help us to do

- Meet our needs
- Share our skills
- Learning new skills
- Do interesting things together

# How does it work?

- For every hour given to help others you receive 1 time credit



- And for every hour of help received you pay 1 time credit

# Giving & Receiving

- The more help I give the more time credits I earn and the more services I can 'buy'



- The more help I need the more time credits others can earn from me

# What kind of services are people giving and receiving?



Shopping



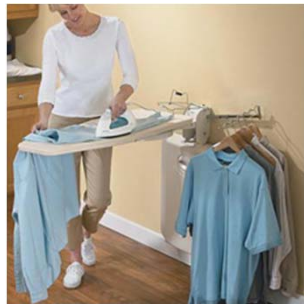
Pet care



Listening



Gardening



Ironing



Cooking



Computing



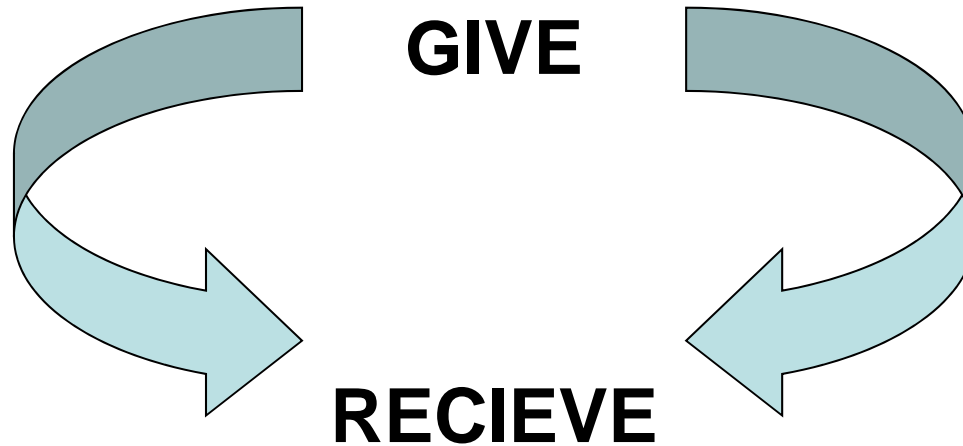
Car washing

# Timebanking – who we can help

- One person
- many people, or
- join with others to help our community

# Joining the Timebank?

Anyone can join, all you need is, be willing to



# Timebanking

- There is no limits on receiving or giving
- If some one finds it hard to give, others can donate credits to them
- Unlike money as long as people give time a credit can be earnt

# How it affects Benefits & Tax

- Timesharing is not taxable
- Its not seen as income for benefit purposes, but .....

# Timebanking Models

- Person to Person sharing
- Person to Agency sharing
- Agency to Agency sharing

# Timebanks & Money

- Money is a token of exchange
- Time credits are another token of exchange
- Can they work together



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# Opening up Timebanking

- Sharing professional skills
- Agencies accepting it as payment
- Local Authorities accepting it for services
- National bodies using timebanking
- Organisations using it to part pay staff

# The Benefits of Timebanking

- Increase self esteem & confidence
- Learn new skills
- Feel needed & valued
- Re connect with neighbours &
- Enjoy doing things together

# Practical Things

- It helps money go further
- helps organisations be more viable
- Stretches Individual budgets further
- helps us through these challenging times

# 5 Timebanks in Northamptonshire

- Kettering (working now)
- Corby ( 28<sup>th</sup> Jan 2011)
- Wellingborough / East Northants  
– (starts end Feb 2011)
- Others in Daventry & Northampton

Any Questions

?

# WORKSHOP SESSIONS



# Workshop 1

How can it be useful to me?



## Workshop 2

How can it help:-

- organisations
- sustain projects
- work along side money

Lets get started



# Contacting Us

If you want to find out more about the housing project or contact us please go to our website :-

[www.myhomemysay.co.uk](http://www.myhomemysay.co.uk)

or get in touch with Marion Turner on:-

01604 743201 (please leave a message) or by email  
[marioturner@hotmail.co.uk](mailto:marioturner@hotmail.co.uk)

